



**WEEK THREE  
WORKSHEET A**

*What Is It I Really Want?*

*Imagine you are entering an art gallery featuring your Current Life picture on display. As you gaze at your current life picture, what do you notice?*

*By answering the questionnaire below, compare your actual life picture to what you really want and complete the sentence for each category:*

*“When I compare my actual life picture with regard to \_\_\_\_\_ (area of my life), what I notice is \_\_\_\_\_ and I’d like to \_\_\_\_\_”*

*Examples:*

Area of my life	what I notice is...	and I would like to...
<b>Work</b>	I come home exhausted at the end of each day with no energy for exercise or my family	leave work each day by 5:00 p.m. and leave work early two days a week so that I have time for family and/or exercise.
<b>Things to Have</b>	our house is too large for just the two of us to spend time maintaining it and cleaning it	free up my time for house care; consider a smaller house that is big enough for guests.
<b>Work</b>		
<b>Soul/Spirit Work</b>		
<b>Creativity/Passion</b>		
<b>Play</b>		



Area of my life	what I notice is...	and I'd like to...
Relationships (Family/Friends)		
Philanthropy/ Giving		
Things to Do (Travel, vacation, etc.)		
Things to Have		
Other Money Goals		

*Please prioritize the "I would like to" statements below.*

I Would Like (Priorities)	One Step Toward This Goal and Its Estimated \$ Consequence
1.	
2.	
3.	
4.	
5.	